



## ‘An Post’ Blarney Visual Guide



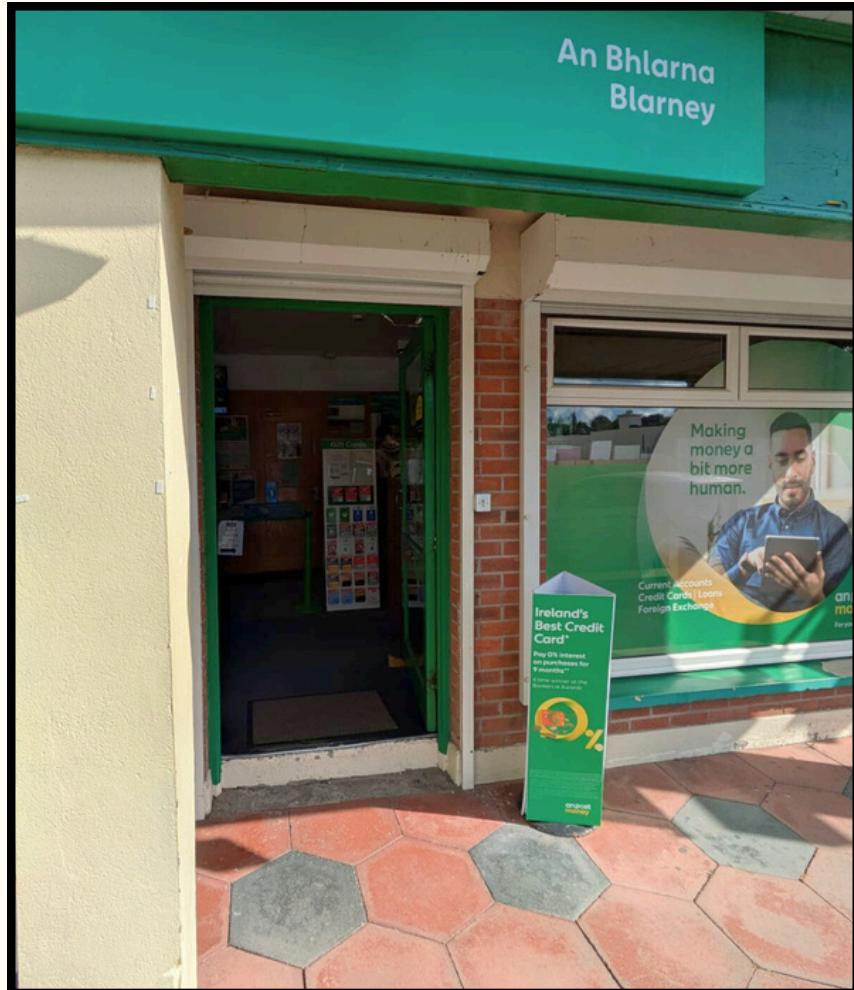
### Visiting ‘An Post’ Blarney

This guide will help you know what to do and what to expect when you visit Blarney Post Office/An Post



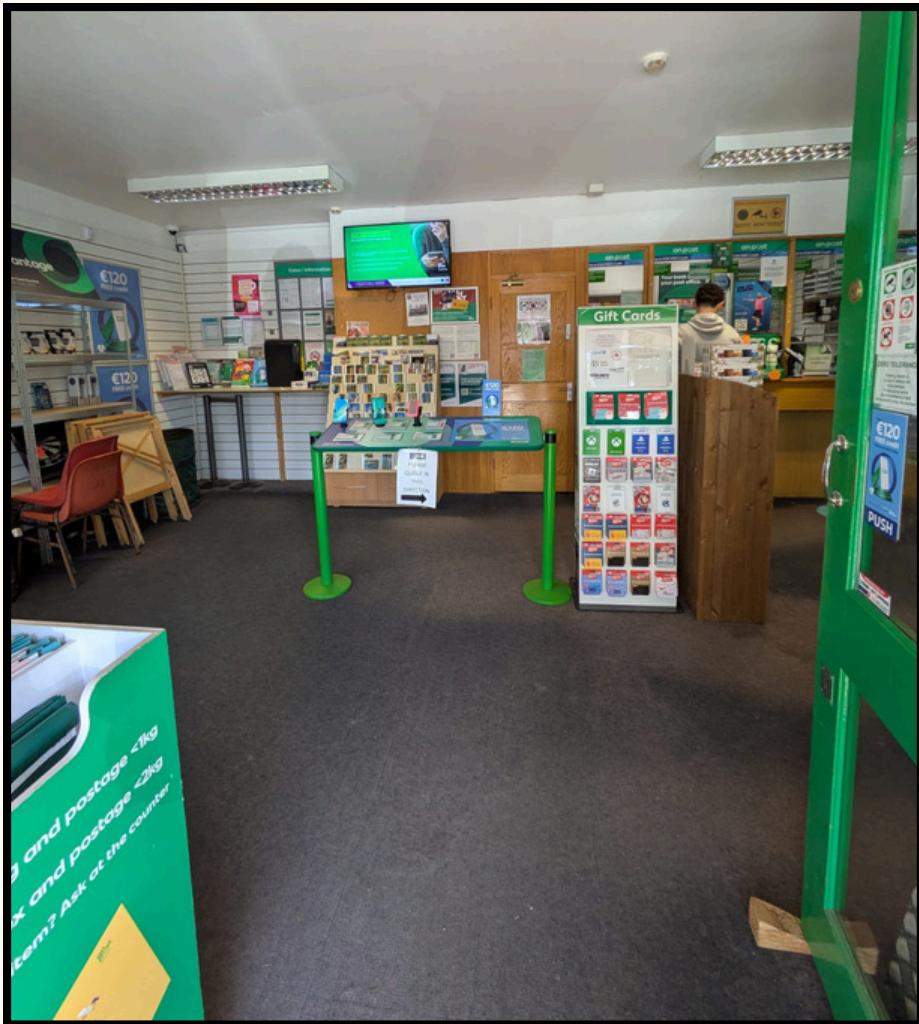
## Arriving at the post office

When you arrive at the post office, you will see the green 'an post' sign. There is a green post box outside. There is parking outside the post office.



## Entering the post office

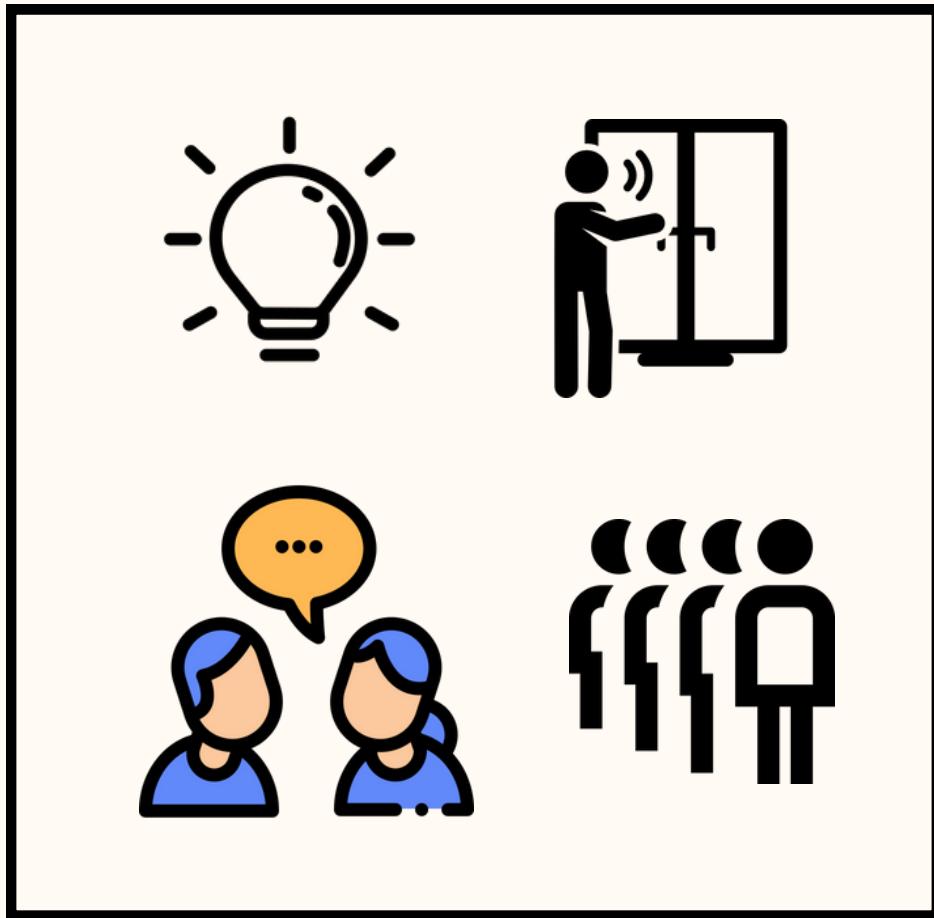
You can walk through the double doors. You can push one or both of the doors to open. If these doors are locked, the post office may be closed.



## Inside the post office

There may be other customers. You may need to wait in line. That is okay.

You can bring something to help you wait, like a toy or fidget. When it's your turn, you can go up to the counter.



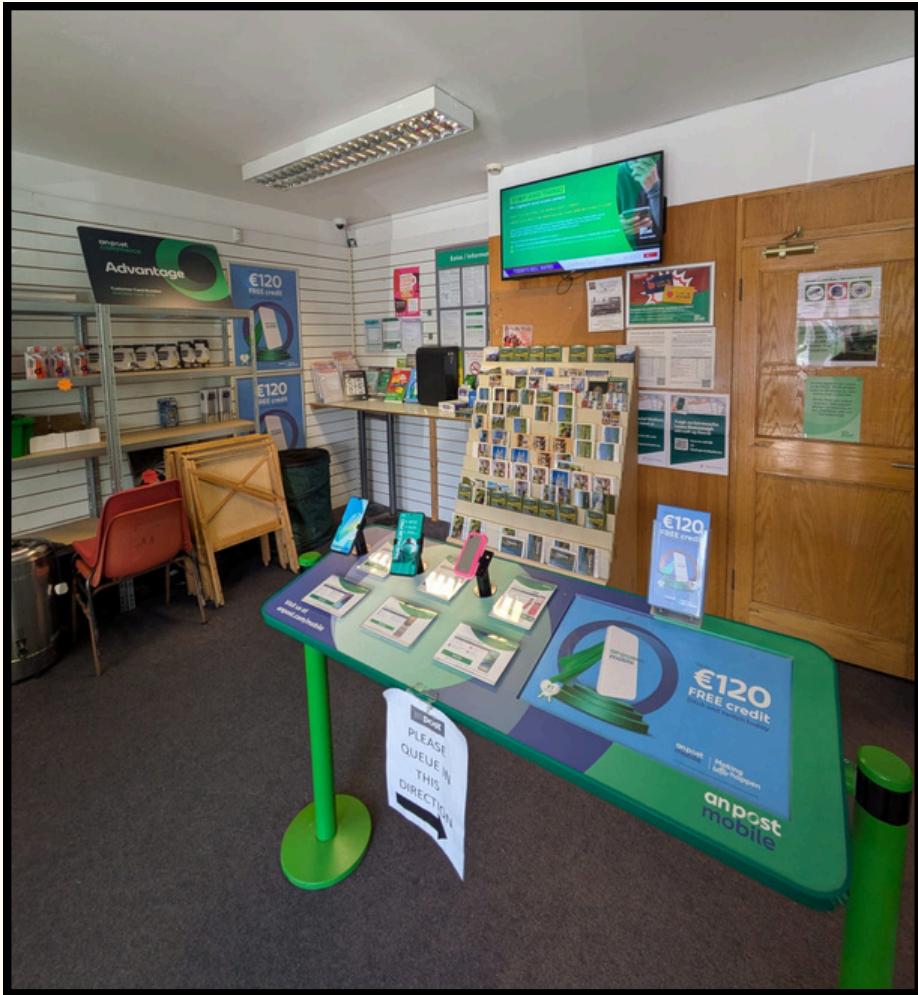
## Sensory information

The post office might be busy at times. There may be people talking and moving packages. You can wear headphones to help with noise. There is no music playing. The lights are average brightness.



## The post office layout

On the right, you can que up in front of the counter. You will see items for sale such as greeting cards, drinks, and gift cards.



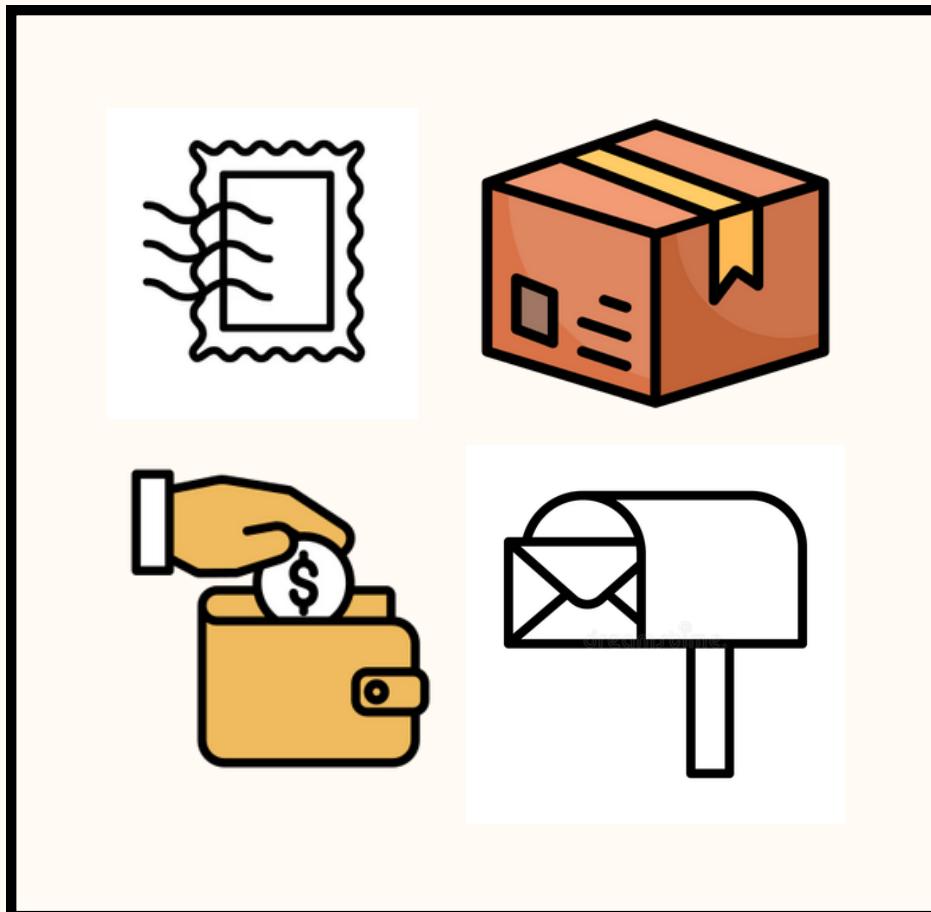
## The post office layout

On the left, you will see a small desk where you can prepare your items for posting. There are forms and various items for sale.



## JAM Card

All staff have completed JAM card training. If you need more time or support you can show your card. Staff have also completed autism awareness training.



## Posting an item

If you are mailing something, you can give it to the postal worker. They may weigh it and put a sticker or stamp on it.

They will tell you how much it costs.

You can pay with money or card.

Then the postal worker sends it on its way!



Leaving the post office

When you are finished you can leave the post office through the same doors you came in.

We hope that this visual guide was helpful.  
If you have any feedback or recommendations on  
how we can improve this visual guide - please  
email:

[autismfriendlyblarney@gmail.com](mailto:autismfriendlyblarney@gmail.com)

Thank you!

