



Whitechurch Foróige Visual Guide



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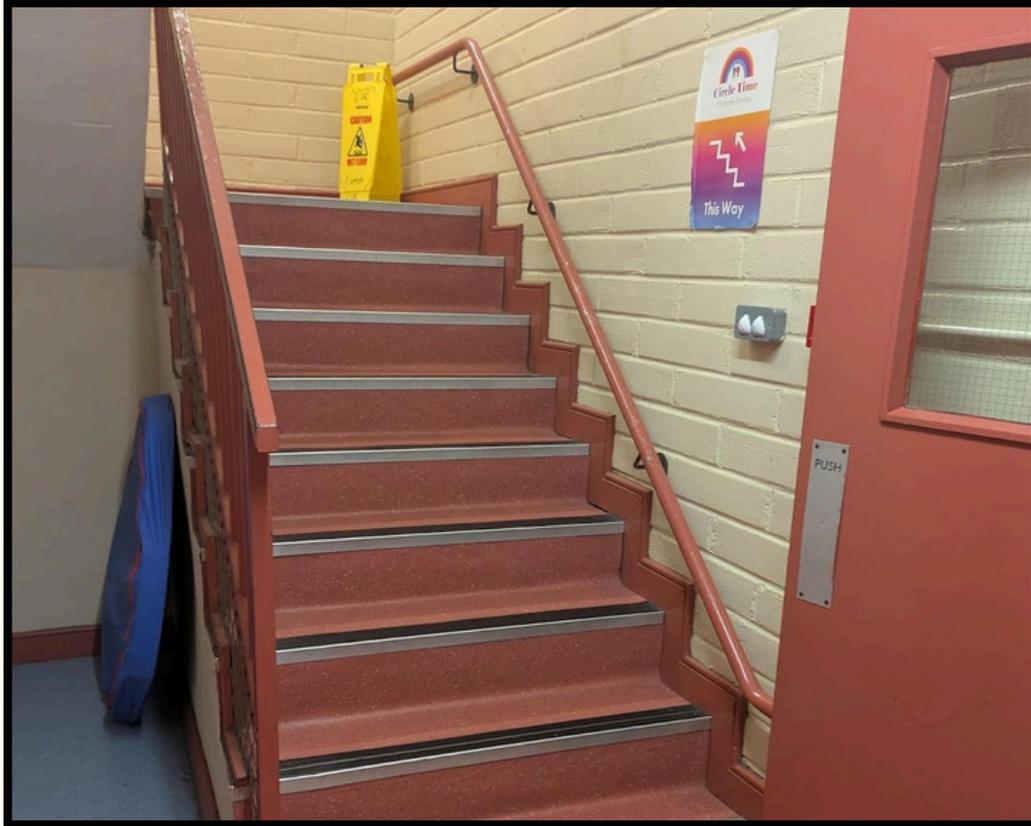
This guide will help you know what to do and what to expect when you visit. Whitechurch Foróige Youth club is for all past pupils of Whitechurch National School when they start secondary school.



Arriving

When you arrive, your parent/guardian can park
in the main carpark

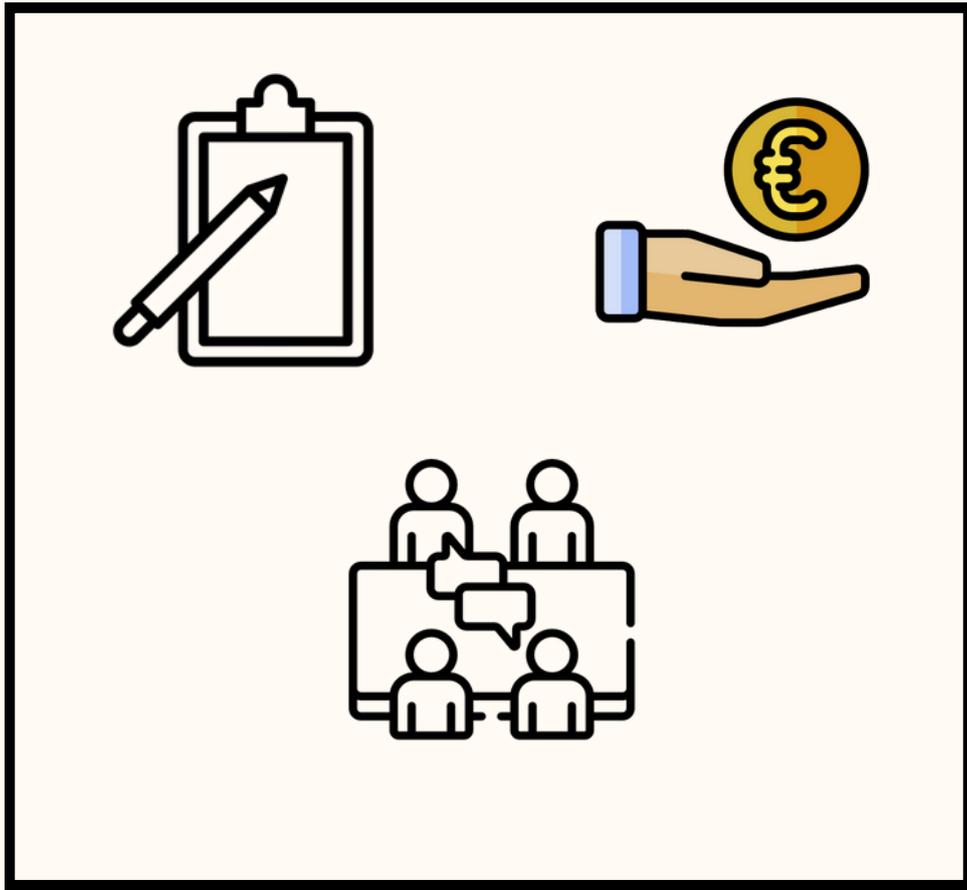
Then walk through the entrance on the right
hand side.



Entering the youth club

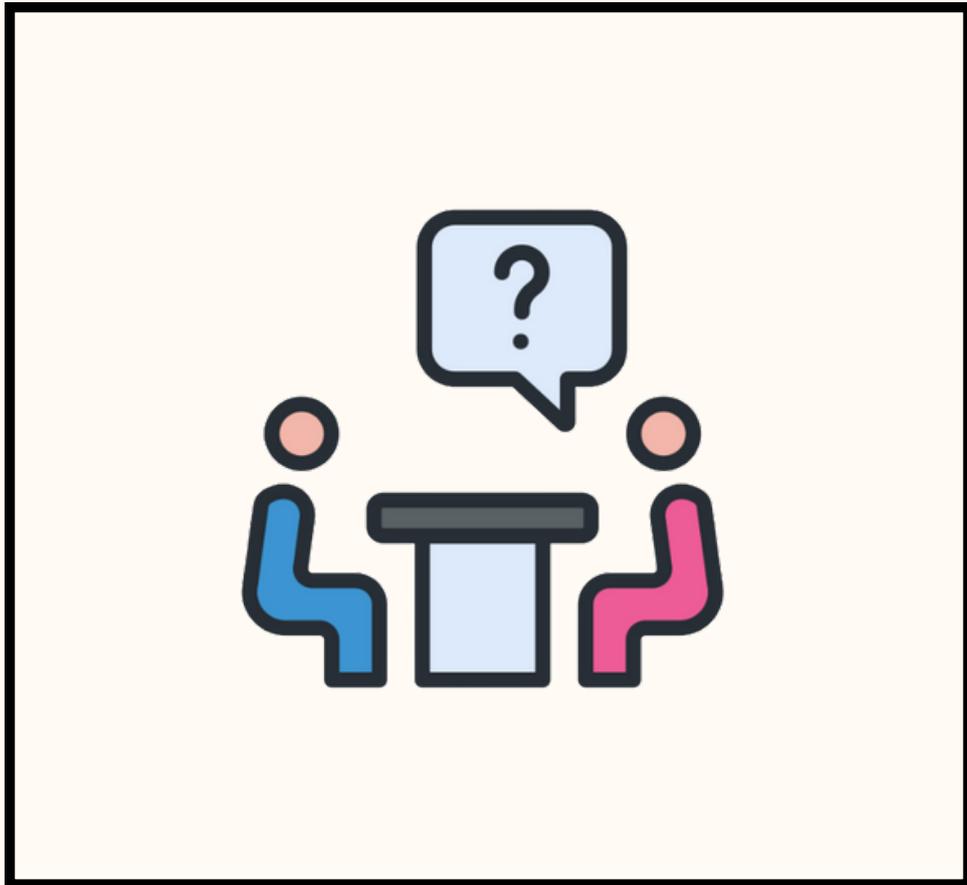
You will walk through the door into our corridor and turn left up the stairs.

You then walk through the door at the top of stairs and turn right into the meeting room.



In the meeting room, you can pay the club treasurer the €4 entrance fee and sign in in the log book.

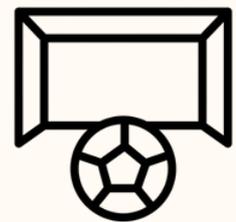
Then take a seat for the meeting, which lasts approximately 30 minutes.



Attending a Foróige Meeting

If you join us for a meeting, the Leaders will show you what to do.

You can follow along, and it is okay to ask questions or rest if you need to.



After the meeting upstairs finishes, you will go back downstairs, and either go to the main sports hall, where you can engage in sporting activities or into the small hall.



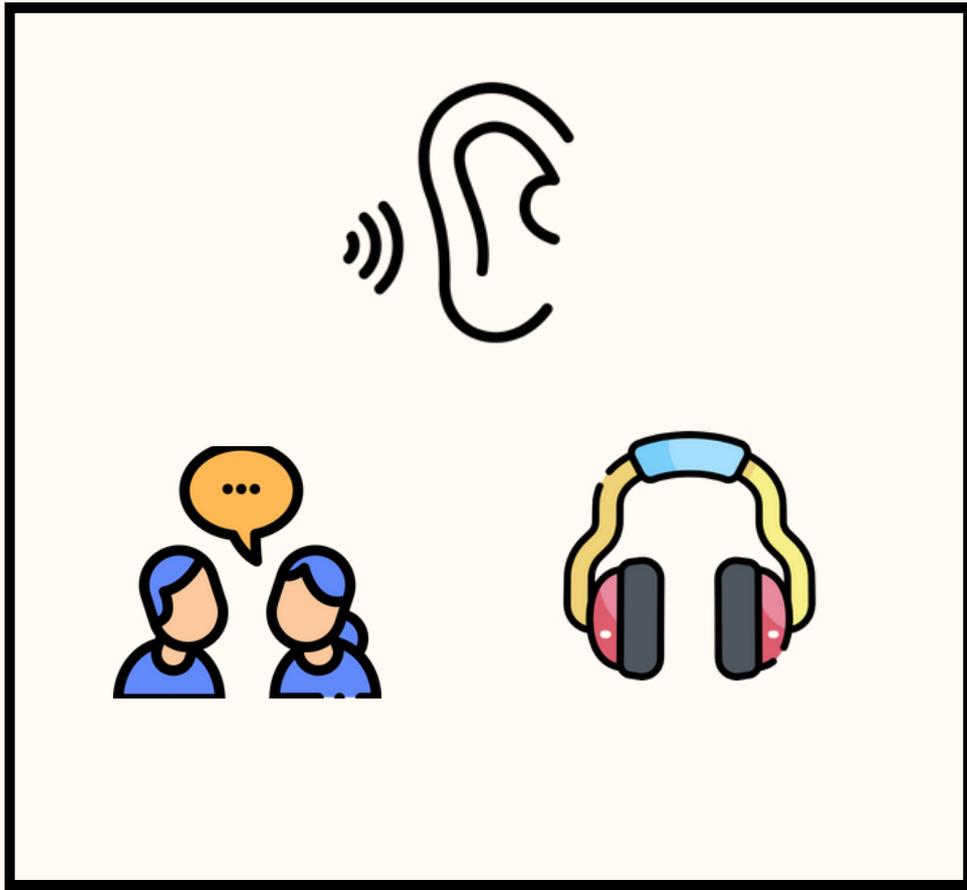
In the small hall, you can sit with friends on bean bags or chairs. You can play pool or table football if you would like.



You can make tea in the kitchen area.

You can buy items in the tuck shop. All items cost €1 or you can buy 3 items for €2.

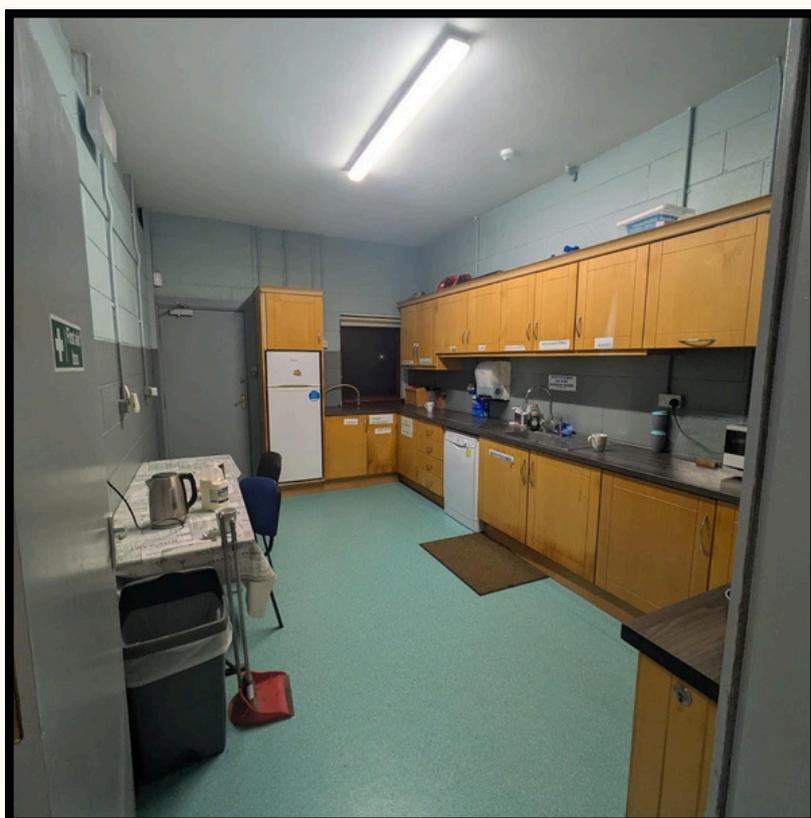
There are bathrooms available too if you ever need them.



Sensory Information

The Sports Hall might be loud or busy with people getting ready or setting up for games.

If you feel overwhelmed, you can take a break, use noise-cancelling headphones, or ask for help anytime.



Taking Breaks



If you feel tired or need a break, you can sit down and rest.

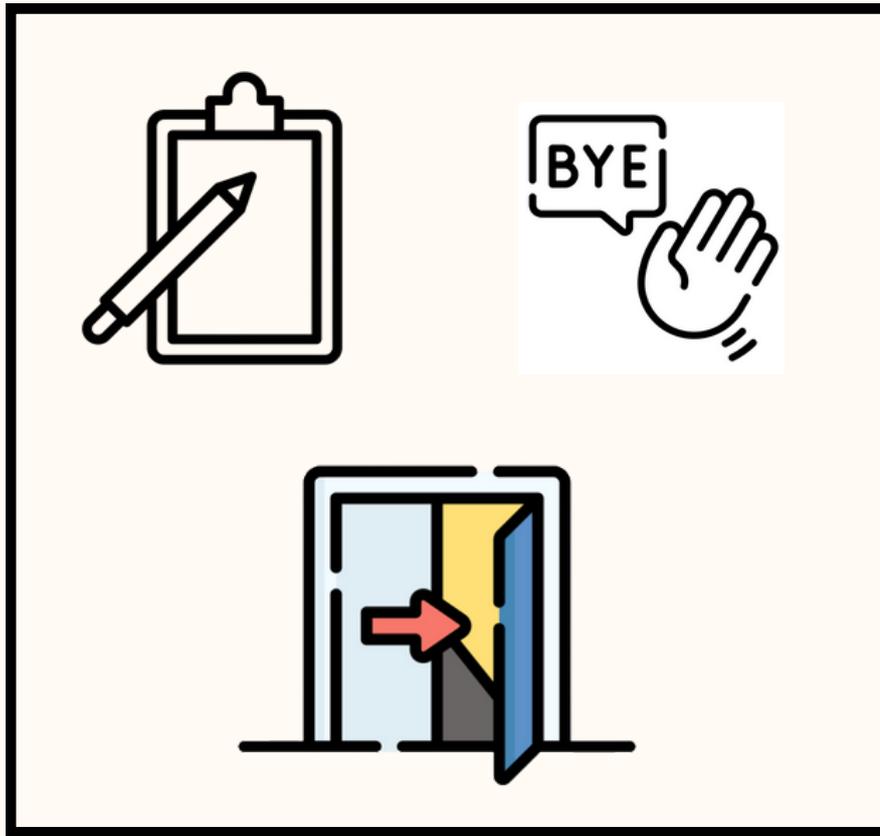
The kitchen area may be used as a 'quiet corner' if you need space to relax. The door can be closed. The music can be turned off if it's too loud.



Sensory Equipment



You are very welcome to bring and use your sensory items such as ear defenders, fidget toys or chewies.



Finishing Your Visit

Meetings end after 90 minutes. You sign out in the same book you signed in on.

When you are finished, you can leave the small Hall through the front door.

Further information & accommodations:

Do let us know if we can adjust any of the sensory elements in the youth club.

If you need any help or information, please email the Leader at sineadoconnell@gmail.com . We will be delighted to speak with you.

If you join us for Whitechurch Foróige we can send you more detailed information about special events, photos of specific leaders before you join your first meeting.

We hope that this visual guide was helpful. Thank you!

